RFU.com/coaching

SCRUM FACTORY

FRONT UP

FOR PLAYERS, COACHES AND REFEREES.
THE SCRUM FACTORY AIMS TO INCREASE THE NUMBER OF PLAYERS ABLE TO PLAY IN THE SCRUM, PARTICULARLY THE FRONT ROW. THE COURSE IS DESIGNED TO HELP COACHES AND PLAYERS TO UNDERSTAND INDIVIDUAL AND COLLECTIVE TECHNIQUES, TOGETHER WITH POSITION SPECIFIC CONDITIONING.

Venue: Kingsholm Stadium

Date: Monday 13th February

Time: 7pm-9pm **Cost £15.50** inc VAT

Contact: Don Parsons - donparsons@rfu.com

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THIS IS RUGBY.

RUGBY FOOTBALL FOUNDATION

RFU

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